

# Preventing Suicide

## CDC's Injury Center Uses Data and Research to Save Lives

In 2021

Suicide was responsible for more than

# 48,000 lives lost

That's 132 suicides per day

12.3M

adults **seriously thought** about suicide

3.5M

made a **plan**

1.7M

made an **attempt**

# #2

Suicide is the **2nd leading cause of death** among youth 10–24 years old

In 2020

Suicides and suicide attempts cost the United States more than

# \$500 billion



Suicide can have lasting harmful effects on **individuals, families, schools, workplaces, and communities**

### CDC's Vision

**No lives lost to suicide.** CDC uses data, research, and partnerships to identify and implement effective suicide prevention strategies to foster healthy and resilient communities across the U.S.

### Disparities

Risk for suicide and suicide attempts disproportionately affects some groups, including:

- **Veterans**
- **LGBTQ youth and adults**
- **People who live in rural areas**
- **Middle-aged adults (35–64 years)**
- **Tribal populations**
- **Youth (10–24 years)**



### CDC Supports Communities By



#### **Funding the Comprehensive Suicide Prevention Program**

to reduce suicide by 10% among disproportionately affected populations by 2025



#### **Using near real-time data to track and monitor suicide trends**

that inform public health suicide prevention efforts



#### **Funding tribes to increase their capacity**

to tailor, implement, and evaluate programs to prevent suicide among American Indian and Alaska Native people



Sharing the best available evidence for suicide prevention in CDC's **[Suicide Prevention Resource for Action](#)**



#### **Working with CDC Foundation to build the capacity of veteran-serving organizations**

to evaluate their upstream suicide prevention activities



**Developing and sharing community resources** to prevent suicide during public health emergencies