Preventing Suicide CDC's Injury Center Uses Data and Research to Save Lives



Suicide was responsible for more than

49,000 lives lost

That's 134 suicides per day



#3

Suicide is the **3rd leading cause of death** among youth 10–24 years old

In 2020

Suicides and suicide attempts cost the United States more than

\$500 billion



Suicide can have lasting harmful effects on individuals, families, schools, workplaces, and communities

CDC's Vision

No lives lost to suicide. CDC uses data, research, and partnerships to identify and implement effective suicide prevention strategies to foster healthy and resilient communities across the U.S.

Disparities

Risk for suicide and suicide attempts disproportionately affects some groups, including:

- → Veterans
- → LGBTQ youth and adults
- → People who live in rural areas
- → Middle-aged adults (35–64 years)
- → Tribal populations
- \rightarrow Youth (10–24 years)



CDC Supports Communities By



Funding the Comprehensive Suicide Prevention Program

to reduce suicide by 10% among disproportionately affected populations by 2025



Funding <u>tribes</u> to

increase their capacity to tailor, implement, and evaluate programs to prevent suicide among American Indian and Alaska Native people



Working with CDC Foundation to <u>build the</u> <u>capacity of veteran-</u> <u>serving organizations</u> to evaluate their upstream

to evaluate their upstream suicide prevention activities



Using near real-time data to track and monitor suicide trends that inform public health suicide prevention efforts

Sharing the best available evidence for suicide prevention in CDC's <u>Suicide Prevention</u> Resource for Action



Developing and sharing community resources to prevent suicide during public health emergencies



www.cdc.gov/suicide