## **Preventing Suicide** CDC's Injury Center Uses Data and Research to Save Lives



#### Suicide was responsible for more than

# 49,000 lives lost

### That's 134 suicides per day



#3

Suicide is the **3rd leading cause of death** among youth 10–24 years old

In 2020

Suicides and suicide attempts cost the United States more than

# \$500 billion



Suicide can have lasting harmful effects on individuals, families, schools, workplaces, and communities

### **CDC's Vision**

**No lives lost to suicide.** CDC uses data, research, and partnerships to identify and implement effective suicide prevention strategies to foster healthy and resilient communities across the U.S.

### **Disparities**

Risk for suicide and suicide attempts disproportionately affects some groups, including:

- → Veterans
- → LGBTQ youth and adults
- → People who live in rural areas
- → Middle-aged adults (35–64 years)
- → Tribal populations
- $\rightarrow$  Youth (10–24 years)



### **CDC Supports Communities By**



#### Funding the Comprehensive Suicide Prevention Program

to reduce suicide by 10% among disproportionately affected populations by 2025



### Funding <u>tribes</u> to

**increase their capacity** to tailor, implement, and evaluate programs to prevent suicide among American Indian and Alaska Native people



#### Working with CDC Foundation to <u>build the</u> <u>capacity of veteran-</u> <u>serving organizations</u> to evaluate their upstream

to evaluate their upstream suicide prevention activities



#### Using near real-time data to track and monitor suicide trends that inform public health suicide prevention efforts

Sharing the best available evidence for suicide prevention in CDC's <u>Suicide Prevention</u> Resource for Action



#### Developing and sharing community resources to prevent suicide during public health emergencies



www.cdc.gov/suicide