

KAB MOB SIAB B

Thaum Leej Twg hauv yus Tsev Neeg muaj Kab mob siab B

Kab mob siab B yog dab tsi?

Kab mob siab B yog ib yam kab mob uas mob rau hauv tib neeg daim siab. Nws tshwm sim los ntawm Kab mob siab B uas muaj sib kis. Rau qee leej neeg uas kis tau Kab mob siab B, tus kab mob nyob rau hauv lub cev, ua rau nws muaj mob tas ib sim neej. Sij hawm ntev mus, Kab mob siab B kuj kawj mus ua tau tej tug mob ua txaus ntshai heev. Tej yam mob no kuj muaj xws li mob khees xaws rau daim siab los sis daim siab tsis ua hauj lwm zoo.



Cov kev qhia tias muaj Kab mob siab B yog dab tsi?

Coob leej neeg uas muaj Kab mob siab B no tsis paub tias lawv mob. Tus kab mob no kuj tsis muaj kev qhia kom paub tias mob tas li. Kab mob siab B kuj nkaum tau rau lub cev. Coob leej neeg thiaj li nyob tau nrog Kab mob siab B ntev li 20 xyoo es tsis hnov muaj mob. Tab sis, daim siab yeej puas tau lub sij hawm no.

Kab Mob Siab B Sib Kis Tau Li Cas?

Kab mob siab B sib kis tau thaum kov raug lwm tus neeg uas muaj Kab mob siab B no cov ntshav. Coob leej neeg uas yug nyob rau hauv thiaj lwm lub teb chaws Esxias uas muaj Kab mob siab B yeej mob thaum tseem yog me nyuam mos liab los sis thaum tseem yau lawm. Kab mob siab B kis tau los ntawm ib leej niam uas muaj tus mob no mus rau tus me nyuam uas niam qhuav yug kiag los sis kis tau los ntawm tsev neeg mus rau tej me nyuam yaus.

Kab mob siab B tsis yog los ntawm caj ces. Neeg kis tsis tau Kab mob siab B vim noj ib puas mov ua ke, sib qiv tais los sis diav rawg nrog ib tug neeg uas muaj tus kab mob no. Kab mob siab B tsis kis tau los ntawm noj niam mis, sib qawm, sib hnua, sib tuav tes, hnoos, los sis txham.

Yuav tsum ua dab tsi thaum ib tug txheeb ze muaj Kab mob siab B?

Kws kho mob yuav xav kuaj txhua tus txheeb ze uas muaj neeg mob Kab mob siab B. Qhov no ces hais txog neeg laus thiab me nyuam yaus uas nyob ua ke hauv ib lub tsev. Qhov kev kuaj no tsuas yog tso me me ntshav ntawm ib tug neeg sab caj npab xwb.

Kev kuaj cov txheeb ze no tseem ceeb heev. Cov txheeb ze tus twg uas muaj Kab mob siab B yuav tsum tau mus cuag kws kho mob kom nrhiav kev kho. Lwm cov txheeb ze uas tsis muaj tus mob no yuav tsum tau mus txhaj koob tshuaj Kab mob siab B. Yam no thiaj li tiv thaiv tau kom tus mob txhob raug lawv.

Thaum kuaj tau tias mob Kab mob siab B yuav zais npog. Cov neeg uas mob Kab mob siab B yuav tsis raug yuam tawm hauv teb chaws Mekas no mus. Thiab tej zaum lawv yuav tsis raug rho tawm hauj lwm los sis tawm hauv tsev kawm ntawv.

Yog vim li cas kev txhaj koob tshuaj Kab mob siab B thiaj li tseem ceeb?

Koob tshuaj txhaj no tiv thaiv cov tib neeg uas ib txwm tsis tau mob dua Kab mob siab B kom txhob raug nws. Txhua tus me nyuam mos liab ua yug nyob teb chaws Mekas no thiab ib co teb chaw coob ntxiv kuj txhaj koob tshuaj no thaum tseem mos liab. Cov txheeb ze tus uas muaj Kab mob siab B no los tsim nyog yuav tsum tau txhaj koob tshuaj no. Koob tshuaj txhaj no yeej tsis muaj dab tsi txaus ntshai. Thiab nws kuj tiv thaiv kom neeg txhob raug Kab mob siab B. Qhov no thiaj li yuav tiv thaiv tau kom daim siab tsis txhob muaj kab mob thiab tsis txhob mob khees xaws rau daim siab vim los ntawm Kab mob siab B.

Cov koob tshuaj txhaj Kab mob siab B uas muaj paus ntsis yog dab tsi?

Rau cov laus, koob tshuaj txhaj no muaj peb koob uas txhaj puv 6 lub hli. Neeg yuav tsum txhaj kom tas peb koob tshuaj no thiaj li yuav tiv thaiv tau kom txhob raug tus Kab mob siab B.



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention



Kev hlab yus tsev neeg xub pib los ntawm kev hlab yus tus kheej.

October 2013

Hmong Publication No. 221609

HEPATITIS B

KNOW

HEPATITIS B™

When Someone in the Family has Hepatitis B

What is Hepatitis B?

Hepatitis B is a liver disease. It is caused by the Hepatitis B virus. For some people who get Hepatitis B, the virus stays in the body, causing a lifelong illness. Hepatitis B can cause serious health problems over time. These problems can include liver failure and liver cancer.



What are the symptoms of Hepatitis B?

Most people who have Hepatitis B do not know they have it. The disease does not always cause symptoms. Hepatitis B can stay hidden in the body. Many people can live with Hepatitis B for 20 years without feeling sick. Still, liver damage from the disease can take place during this time.

How is Hepatitis B spread?

Hepatitis B is spread when someone comes in contact with blood from a person who has the disease. Most people born in Asian countries who have Hepatitis B were infected with the virus as infants or young children. Hepatitis B can be passed from an infected mother to her baby at birth or from a family member to young children. People living with someone who has Hepatitis B are more likely to get the disease.

Hepatitis B is not a genetic disease. People also do not get Hepatitis B from sharing meals, bowls or utensils with someone who has the disease. Hepatitis B is not spread through breastfeeding, hugging, kissing, holding hands, coughing, or sneezing.

What should be done when a family member has Hepatitis B?

Doctors will want to test all family members of people with Hepatitis B. This includes adults and children living in the same house. The test involves a simple blood test that takes only a small amount of blood from a person's arm.

Testing family members is important. Family members who have Hepatitis B should get medical treatment. Other family members who do not have the disease should get the Hepatitis B vaccine. This protects them from getting the disease.

Hepatitis B test results will be kept confidential. People with Hepatitis B cannot be forced to leave the United States. They also cannot be fired from a job, or forced to leave school.

Why is the Hepatitis B vaccine important?

The vaccine protects people who have never had Hepatitis B from getting it. All babies born in the United States and many other countries get the vaccine as infants. Any other family members of people with Hepatitis B should also get the vaccine. The vaccine is safe. It also prevents people from getting Hepatitis B. This helps prevent liver disease and liver cancer that comes from getting Hepatitis B.

What is the Hepatitis B vaccine series?

For adults, the vaccine is three shots given over six months. People should get all three shots to keep them from getting Hepatitis B.



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention



hepbunited.org

cdc.gov/knowhepatitisB

October 2013

Publication No. 221609