

# KAB MOB SIAB B

## Koj Puas Yuav Muaj Feem Kis Raug?

### Kab Mob Siab B Yog Dab Tsi?

Kab mob siab B yog ib yam kab mob uas mob rau hauv tib neeg daim siab. Nws tshwm sim los ntawm Kab mob siab B uas muaj sib kis. Rau qee leej neeg uas kis tau Kab mob siab B, tus kab mob nyob rau hauv lub cev, ua rau nws muaj mob tas ib sim neej. Sij hawm ntev mus, Kab mob siab B kuj kawj mus ua tau tej tug mob ua txaus ntshai heev. Tej yam mob no kuj muaj xws li mob khees xaws rau daim siab los sis daim siab tsis ua hauj lwm zoo.

### Kab Mob Siab B Sib Kis Tau Li Cas?

Kab mob siab B sib kis tau thaum kov raug lwm tus neeg uas muaj Kab mob siab B no cov ntshav. Coob leej neeg uas yug nyob rau hauv teb chaws Esxias uas muaj Kab mob siab B yeej mob thaum tseem yog me nyuam mos liab los sis thaum tseem yau lawm. Kab mob siab B kis tau los ntawm ib leej niam uas muaj tus mob no mus rau tus me nyuam uas niam qhuav yug kiag los sis kis tau los ntawm tsev neeg mus rau tej me nyuam yaus.

Kab mob siab B tsis yog los ntawm caj ces. Neeg kis tsis tau Kab mob siab B vim noj ib puas mov ua ke, sib qiv tais los sis diav rawg nrog ib tug neeg uas muaj tus kab mob no. Kab mob siab B tsis kis tau los ntawm noj niam mis, sib qawm, sib hnua, sib tuav tes, hnoos, los sis txham.

### Kab mob siab B tshwm sim heev npaum li cas?

Kab mob siab B tshwm sim heev rau hauv teb chaws Esxias. Kwv yees li 1 ntawm 12 leeg Esxias niaj hnub nyob nrog Kab mob siab B, tab sis coob leeg tsis paub txog.

### Cov kev qhia tias muaj Kab mob siab B yog dab tsi?

Coob leej neeg uas muaj Kab mob siab B no tsis paub tias lawv mob. Tus kab mob no kuj tsis muaj kev qhia kom paub tias mob tas li. Kab mob siab B kuj nkaum tau rau lub cev. Coob leej neeg thiaj li nyob tau nrog Kab mob siab B ntev li 20 xyoo es tsis hnov muaj mob. Tab sis, daim siab yeej puas tau lub sij hawm no.

### Kab mob siab B txaus ntshai npaum li cas?

Kab mob siab B kuj kawj tau yam txaus ntshai heev. Rau qee leej neeg, tus kab mob no kawj mus ua kom daim siab puas, xws li daim siab tsis ua hauj lwm zoo los sis mob khees xaws.

### Yuav ua li cas neeg thiaj li paub tias lawv mob Kab mob siab B?

Ib qho kev kuaj Kab mob siab B qhia tau rau neeg tias lawv muaj tus mob no. Qhov no ces yog tso ntshav kuaj yooj yim heev thiab tsuas siv me me ntshav los ntawm ib tug neeg sab caj npab xwb. Kws kho mob tsis kuaj tas li, ces yeej tseem ceeb heev uas yuav tsum tau nug kom tso kuaj.



### Leej twg yuav tsum kuaj seb puas muaj Kab mob siab B?

Kev kuaj Kab mob siab B no pom zoo rau:

- Cov neeg uas yug nyob rau teb chaws Esxias.
- Cov neeg uas niam thiab txiv yog tuaj teb chaws Esxias tuaj.
- Cov neeg uas nyob ua ke ib yig nrog ib tug neeg uas muaj Kab mob siab B no.

### Yog vim li cas neeg thiaj li yuav tsum mus kuaj seb puas muaj Kab mob siab B no?

Kev kuaj no qhia tau rau ib tug neeg paub tias seb nws puas muaj Kab mob siab B. Muaj kev kho pab tau rau Kab mob siab B uas yuav pab tiv thaiv tau kev mob daim siab uas puas loj lawm. Cov neeg uas nrhiav tau hais tias lawv mob Kab mob siab B thiaj li yuav pab kom lawv tsev neeg noj qab nyob zoo. Yog vim li no es cov poj niam thiaj li raug kuaj thaum lawv cev xeeb tub seb puas muaj Kab mob siab B. Cov txheeb ze uas tsis tau mob dua Kab mob siab B mam li mus txhaj koob tshuaj tiv thaiv kom txhob raug lawv. Thaum kuaj tau tias mob Kab mob siab B yuav zais npog. Cov neeg uas mob Kab mob siab B yuav tsis raug yuam tawm hauv teb chaws Mekas no mus. Thiab tej zaum lawv yuav tsis raug rho tawm hauj lwm los sis tawm hauv tsev kawm ntawv.

### Kev kho Kab mob siab B li cas?

Cov neeg uas mob Kab mob siab B yuav tsum tau mus cuag ib tug kws kho mob uas paub zoo heev txog tus mob no. Tus kws kho mob mam li muab ib co tshuaj uas pab cheem kev puas ntawm daim siab qeeb zog. Tseem ceeb heev uas yuav tsum tau nug tus kws kho mob ua ntej yuav noj tshuaj txawv teb chaws pab daim siab nyob tsam cov tshuaj ntawv haj yam ua teeb meem los sis ua daim siab puas loj yog tov ua ke nrog cov tshuaj uas kws kho mob sau.



U.S. Department of  
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Kev hlub yus tsev neeg xub pib los ntawm kev hlub yus tus kheej.

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# HEPATITIS B

KNOW

HEPATITIS B™

## Are You At Risk?

### What is Hepatitis B?

Hepatitis B is a liver disease. It is caused by the Hepatitis B virus. For some people who get Hepatitis B, the virus stays in the body, causing a lifelong illness. Hepatitis B can cause serious health problems over time. These problems can include liver cancer and liver failure.

### How is Hepatitis B spread?

Hepatitis B is spread when someone comes in contact with blood from a person who has the disease. Most people born in Asian countries who have Hepatitis B were infected as infants or young children. Hepatitis B can be passed from an infected mother to her baby at birth or from a family member to young children.

Hepatitis B is not a genetic disease. People also do not get Hepatitis B from sharing meals, bowls or utensils with someone who has the disease. Hepatitis B is not spread through breastfeeding, hugging, kissing, holding hands, coughing, or sneezing.

### How common is Hepatitis B?

Hepatitis B is very common in Asian countries. Approximately 1 in 12 Asians are living with Hepatitis B, but most people do not know it.

### What are the symptoms of Hepatitis B?

Most people who have Hepatitis B do not know they have it. The disease does not always cause symptoms. Hepatitis B can stay hidden in the body. Many people can live with Hepatitis B for 20 years without feeling sick. Still, liver damage from the disease can take place during this time.

### How serious is Hepatitis B?

Hepatitis B can become very serious. For some people, this disease leads to liver damage, like liver failure or cancer.

### How do people know if they have Hepatitis B?

A Hepatitis B test lets people know if they have it. This is a simple blood test that takes only a little bit of blood from a person's arm. Doctors do not always do this test, so it is important to ask to be tested.



### Who should be tested for Hepatitis B?

Hepatitis B testing is recommended for:

- People born in Asian countries
- People whose parents were born in Asian countries
- People who live with someone who has Hepatitis B

### Why should people be tested for Hepatitis B?

Getting tested lets a person know if he or she has Hepatitis B. There are treatments available for Hepatitis B that can help prevent serious liver damage. People who find out they have Hepatitis B can also keep other family members healthy. This is why women are always tested for Hepatitis B when they are pregnant. Family members who have never had Hepatitis B can get a vaccine to protect them from getting it.

Hepatitis B test results will be kept confidential. People with Hepatitis B cannot be forced to leave the United States. They also cannot be fired from a job, or forced to leave school.

### How is Hepatitis B treated?

People who have Hepatitis B should see a doctor who is very knowledgeable about the disease. The doctor can give medicines that will slow down liver damage. It is important to ask the doctor before taking any Eastern liver medicines because they might hurt the liver or cause problems with some of the medicines prescribed by the doctor.



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