THE ROAD TO TYPE 2 DIABETES

	A1C TEST	FASTING BLOOD SUGAR TEST	GLUCOSE TOLERANCE TEST
DIABETES	6.5% or above	126 mg/dL or above	200 mg/dL or above
PREDIABETES	5.7 – 6.4%	100-125 mg/dL	140-199 mg/dL
NORMAL	Below 5.7%	99 mg/dL or below	140 mg/dL or below

Source: American Diabetes Association