

# Do you feel sick?



**You may have the flu if you have fever or chills  
AND  
a cough or sore throat**

**You may also have a runny nose, body aches,  
a headache, tiredness, diarrhea, or vomiting**

**If you think you have the flu,  
tell your supervisor and stay home,  
except to get medical care.**

**For more information visit [www.cdc.gov/flu](http://www.cdc.gov/flu)  
or call 1 (800) CDC-INFO (232-4636)**

